



CECCHETTI USA
CLASSICAL BALLET

**SYLLABI FOR
TEACHING
EXAMINATIONS**

AS REVISED IN JANUARY 2016

**PREPARED BY THE
EXAMINING BOARD OF CECCHETTI USA**

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GENERAL NOTES FOR TEACHING EXAMINATIONS

- Teachers are eligible to join Cecchetti USA as a **Certified Member** following the successful completion of Grade 4 and Teaching Certificate Part 1
- **Certified** members **may** put any candidates in for the exams under their own name up to the level as stated under each teaching examination.
- **Those who have successfully passed the Associate, Licentiate, or Fellowship examination will be considered Qualified Teachers of the Cecchetti Method, and may use the appropriate letters after their name (A, L or F CUSA)**
- **The qualifications conferred can be equated to:**
 - “Associate” = Associate Degree from a 2-year college
 - “Licentiate” = Bachelor’s Degree
 - “Fellowship” = Master’s Degree
- **Although not a teaching exam, nor does it confer any qualifications, the Maestro Enrico Cecchetti Final Diploma should be considered equal to a PhD Degree.**

DRESS

- Candidates are expected to be well groomed and project a professional appearance
- Women – Appropriate teaching attire
- Men – Appropriate teaching attire

FORMAT

- Examiner(s) will question the candidate briefly regarding their background **based upon the application materials**
- Introductions - Candidate will then bring in and introduce the students to the examiner(s), and pianist (**at the Qualification Level**)
- Candidate will conduct a class as detailed for each examination
- Students may be released following the class, and candidate will answer questions as detailed in each examination section.
- **The Examiners reserve the right to request any student to remain for further teaching purposes**
- Results are: Awarded with Distinction, **Awarded with Merit**, Awarded, or Not Awarded
- The evaluation will be in the form of a written report

ESSENTIAL ANATOMY: A Multimedia Course for Dancers and Dance Teachers **Developed by Deborah Vogel, Neuromuscular Educator, for CUSA Qualifying Exams**

- This is the required anatomy component and must be successfully completed prior to applying for the Licentiate Examination. However, this exam may be taken at any time prior to the Licentiate Examination.
- Please contact Director of Examinations for course material and further information.

TEACHING CERTIFICATE 1

Eligibility Requirements

- Candidates must be a minimum of 16 years of age
- **Must have successfully completed the Grade 4 examination or above**

Content

- **Covers Primary through Grade 3 (includes Standards 1 – 3)**
- The duration of the exam will be 1 ½ hours
- One examiner will conduct the exam
- Class should be at a Grade 1 or 2 level
- Class may be conducted using recorded music or pianist-candidates choice
- Candidate will conduct a 45-minutes class with 4-6 of their own students. If this is not possible, the Director of Examinations must be notified no later than two weeks prior to the examination in order for students to be provided
- The candidate must present written class notes to the Director of Examinations no later than two weeks prior to the examination. Notes should follow the same general format as the syllabus notes
- Class should consist of approximately ½ syllabus and ½ free work
- Following the class the candidate will be questioned on, and may be asked to demonstrate, any **basic step** from Primary, Standards 1 – 3, and Grades 1 – 3 syllabi.
- **It is not expected that exact patterns be known, but rather an understanding of how the work builds.**
- Candidates may bring with them their syllabi materials for reference.
- Candidates will be questioned regarding the differences between the teaching of boys and girls
- Candidates will be questioned on their understanding of how to correct stance and commonly seen faults
- This exam is not required for progression to the Associate Exam

Upon successful completion of this exam the teacher is eligible to:

- **Enroll in CUSA as a Certified Member, or a Student Teacher (up through age 20)**
- **Enter students for examinations - Primary through Grade 3**
- **Progress to Teaching Certificate 2 (optional)**

TEACHING CERTIFICATE 1 – PART A

Eligibility Requirements

- Candidates must be a minimum of 16 years of age
- Must have successfully completed the **Grade 2** examination or above

Content

- **Covers Primary, Standard 1, and Grade 1**
- The duration of the exam will be 1 ½ hours
- One examiner will conduct the exam
- **Class should be at the Standard 1 level**
- Class may be conducted using recorded music or pianist-candidates choice
- Candidate will conduct a 45-minutes class with 4-6 of their own students. If this is not possible, the Director of Examinations must be notified no later than two weeks prior to the examination in order for students to be provided
- The candidate must present written class notes to the Director of Examinations no later than two weeks prior to the examination. Notes should follow the same general format as the syllabus notes
- Class should consist of approximately ½ syllabus and ½ free work
- Following the class the candidate will be questioned on, and may be asked to demonstrate, **any of the basic steps from Primary, Standard 1, and Grade 1 syllabi.**
- It is not expected that exact patterns be known, but rather an understanding of how the work builds
- Candidates may bring with them their syllabi materials for reference
- Candidates will be questioned regarding the differences between the teaching of boys and girls
- Candidates will be questioned on their understanding of how to correct stance and commonly seen faults
- This exam is not required for progression to the Associate Exam

Upon successful completion of this exam the teacher is eligible to:

- **Enroll in CUSA as a Certified Member, or a Student Teacher (up through age 20)**
- **Enter students for examinations - Primary through Grade 1**
- **Progress to Teaching Certificate 1 – Part B (optional)**

TEACHING CERTIFICATE 1 – PART B

Eligibility Requirements

- Candidates must be a minimum of 16 years of age
- Must have successfully completed the Grade 4 examination **or above**
- **Must have successfully completed the TC 1A examination**

Content

- **Covers Standard 2, Grade 2, Standard 3, Grade 3**
- The duration of the exam will be 1 ½ hours
- One examiner will conduct the exam
- **Class should be at a Grade 2 or Standard 3 level**
- Class may be conducted using recorded music or pianist-candidates choice
- Candidate will conduct a 45-minutes class with 4-6 of their own students. If this is not possible, the Director of Examinations must be notified no later than two weeks prior to the examination in order for students to be provided
- The candidate must present written class notes to the Director of Examinations no later than two weeks prior to the examination. Notes should follow the same general format as the syllabus notes
- Class should consist of approximately ½ syllabus and ½ free work
- Following the class the candidate will be questioned on, and may be asked to demonstrate, **any of the basic steps from Standard 2, Grade 2, Standard 3, Grade 3 Syllabi**
- It is not expected that exact patterns be known, but rather an understanding of how the work builds
- Candidates may bring with them their syllabi materials for reference.
- Candidates will be questioned regarding the differences between the teaching of boys and girls
- Candidates will be questioned on their understanding of how to correct stance and commonly seen faults
- This exam is not required for progression to the Associate Exam

Upon successful completion of this exam the teacher is eligible to:

- **Enroll in CUSA as a Certified Member, or a Student Teacher (up through age 20)**
- **Enter students for examinations - Primary through Grade 3**
- **Progress to Teaching Certificate 2 (optional)**

TEACHING CERTIFICATE 2

Eligibility Requirements

- Candidates must be a minimum of 16 years of age
- Must have successfully completed the Grade 7 examination as either an A or B candidate, **or above.**

Content

- **Covers Standards 4 – 6 and Grades 4 - 6**
- The duration of the exam will be 1 ½ hours
- One examiner will conduct the exam
- **Class should be at a Grade 4 or Standard 5 level**
- Class may be conducted using recorded music or pianist-candidates choice
- Candidate will conduct a 45-minutes class with 4-6 of their own students. If this is not possible, the Director of Examinations must be notified no later than two weeks prior to the examination in order for students to be provided
- The candidate must present written class notes to the Director of Examinations no later than two weeks prior to the examination. Notes should follow the same general format as the syllabus notes
- Class should consist of approximately ½ syllabus and ½ free work
- Following the class the candidate will be questioned on, and may be asked to demonstrate, **any of the basic steps from Standards 4 – 6, and Grades 4 – 6 syllabi.** Candidates may bring with them their syllabi materials for reference.
- It is not expected that exact patterns be known, but rather an understanding of how the work builds
- Candidates will be questioned regarding the differences between the teaching of boys and girls
- Candidates will be questioned on their understanding of how to correct stance and commonly seen faults
- This exam is not required for progression to the Associate Exam

Upon successful completion of this exam the teacher is eligible to:

- **Enroll in CUSA as a Certified Member, or a Student Teacher (up through age 20)**
- **Enter students for examinations - Primary through Grade 6**

AS OF JANUARY 1, 2015 THE CHANGES IN RED ARE MANDATORY.

ASSOCIATE

Eligibility

- Must be a minimum of age **21**
- Must have successfully completed the Grade **9** exam as an A or B candidate

Prerequisites

Must provide to the Director of Examinations no later than one month prior to the examination date the following:

- name of primary teacher of Cecchetti training (where, when)
- name of teacher responsible for coaching this exam within the last 6 months
- a resumé of teaching experience (where, when, what levels)
- timetables with results from previous sessions (if applicable)
- two typed copies of the class notes

Content

- The duration of this exam is **2 1/2** hours, conducted by two examiners
- A pianist must be used for this exam
- Candidate will conduct a **1 1/4** hour class with 4-6 of their own students.
- The candidate will teach a class at the Grade 8 level, containing equal parts of syllabus and non-syllabus work, including pointe work.
- Set exercises need not be detailed, but must be listed within the context of the whole class
- A detail of the unset exercises should follow the same format as the CUSA syllabi
- Following the class the candidate will be questioned on:
 - Their understanding of the development of the syllabus from Primary through Grade 8. It is not expected that exact patterns be known, but rather an understanding of how the work builds from a young child through to a higher level.
 - Candidates may be asked to demonstrate anything from Grades 7 or 8, male and female.
 - Demonstrate knowledge of the basic steps through Grade 8 and be able to describe in detail the movement being performed.
Candidates may be questioned on the theory of techniques and principles as laid down in the Cecchetti manual
 - Candidates may be questioned on the approach to teaching of pointe work and the teaching of boys
 - An understanding of correct stance, common faults, and their correction.
 - An understanding of quality, phrasing and dynamics of movement and ability to count any exercise with tempo, accent, style and quality
 - Candidates will be asked to discuss their approach to teaching and safe practices
 - Candidates should be able to demonstrate, within their physical capability, the following from the Grade 9 syllabus:
 1. 2nd set of Port de Bras
 2. Pas de Chaconne or Temps de Courante (Examiner's Choice)
 3. Grand Préparation pour Pirouette en Dedans
 4. Assemblé, Temps Levé, Assemblé, Grand Temps Levé (Men's)
 5. Cabrioles

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- **This exam is required to progress toward Licentiate**

Upon successful completion of this exam the teacher is eligible to:

- **become a Qualified Member of Cecchetti USA**

Upon becoming a Qualified Member of Cecchetti USA, the teacher is eligible to:

- **use the qualifying initials ACUSA, and**
- **may enter students for examinations at any level**

AS OF JANUARY 1, 2015 THE CHANGES IN RED ARE MANDATORY.

LICENTIATE

Eligibility

- Must be a minimum of **25** years of age
- Must have successfully completed the Grade **10** exam as an A or B candidate
- Must have successfully completed the Associate exam
- Must have successfully completed the Essential Anatomy exam

Prerequisites

Must provide to the Director of Examinations no later than one month prior to the examination date the following:

- name of primary teacher of Cecchetti training (where, when)
- name of teacher responsible for coaching this exam within the last 6 months
- a resumé of teaching experience (where, when, what levels)
- timetables with results from previous sessions (if applicable)
- two typed copies of the class notes

Content

- The duration of this exam is 2 **3/4** hours, conducted by two examiners
- A pianist must be used for this exam
- Candidate will conduct a 1 **1/2** hour class at the Grade 9 level with 4-6 students provided by CUSA, containing equal parts of syllabus and non-syllabus work and pointe work.
- Set exercises need not be detailed, but must be listed within the context of the whole class
- A detail of the unset exercises should follow the same format as the CUSA syllabi
- Following the class candidates may be:
 - asked to demonstrate to the best of their physical ability anything (male and female) from Grade 9
 - questioned on the theory of technique and principles as laid down in the Cecchetti manual
 - questioned on the approach to the teaching of pointe work and the teaching of boys as applicable to Grade 9
 - asked to demonstrate an understanding of correct stance, common faults, and their correction.
 - asked to demonstrate an understanding of quality, phrasing and dynamics of movement and ability to count any exercise with tempo, accent, style and quality
 - asked to discuss their approach to teaching and safe practices
 - asked to demonstrate knowledge of the basic steps through Grade 9 and be able to describe in detail the movement being performed
 - asked to demonstrate knowledge of the build up of Tour en L'air

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- asked to demonstrate, within their physical capability, the following from the Grade 10 syllabus:
 1. Port de Bras avec Grands Battements
 2. Troisième et Quatrième Arabesques or Développé Cecchetti
 3. Liaison de Pirouettes en Dehors
 4. Pas de Bourrée couru, Dégagé, Petits Battements, etc.
 5. Diamond Step
 6. Ballotté (Giselle)
 7. Pas de Bourrée couru, Jeté in 2nd Arabesques (Les Sylphides)
 8. Temps de Courante (pointe)

- This exam is required to progress toward Fellowship

Upon successful completion of this exam all benefits of Associate remain, plus:

- **may use the qualifying initials LCUSA, and**
- **may be considered for invitation to begin the training process to become an examiner at the First Tier.**

AS OF JANUARY 1, 2015 THE CHANGES IN RED ARE MANDATORY.

FELLOWSHIP

Eligibility Requirements

- Must be a minimum of **28** years of age
- Must have successfully completed the **Diploma** exam
- Must have successfully completed the Licentiate exam
- **Must have successfully completed the Essential Anatomy exam**

Prerequisites

Must provide to the Director of Examinations no later than one month prior to the examination date the following:

- name of primary teacher of Cecchetti training (where, when)
- name of teacher responsible for coaching this exam within the last 6 months
- a resumé of teaching experience (where, when, what levels)
- timetables with results from previous sessions (if applicable)
- two typed copies of the notes for the warm up barre, and list of Diploma selections

Content

- The duration of this exam is **3** hours, conducted by two examiners
- A pianist must be used for this exam
- Candidate will conduct a 1 **3/4** hour class with 4-6 students provided by CUSA consisting of:
 - The candidate's short warm up barre, consisting of equal parts traditional and free exercises
 - Notes should follow the same general format as the syllabus notes
 - teaching set work from the Grade 10 syllabus, including both pointe and men's work, chosen by the examiners
 - teaching Diploma exercises from the selections provided by the candidate but chosen by the examiners
- Candidate will provide a list of their Diploma selections including one of each of the following exercises:
 - Center practice
 - Adage
 - Pirouette
 - Allegro from each day of the week
 - Diagonal
 - Pointe
 - Men's work

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- After the class, the candidate may be:
 - expected to demonstrate Diploma exercises chosen by the examiners from the selections provided by the candidate
 - a. asked to create and teach unseen enchainements at the Grade 10 level
 - b. asked to demonstrate to the best of their physical ability anything (male and female) from Grade 10
 - c. questioned on the theory of technique and principles as laid down in the Cecchetti manual
 - d. questioned on the approach to the teaching of pointe work and the teaching of boys as applicable to Grade 10
 - e. asked to demonstrate an understanding of correct stance, common faults, and their correction.
 - f. asked to demonstrate an understanding of quality, phrasing and dynamics of movement and ability to count any exercise with tempo, accent, style and quality
 - g. asked to discuss their approach to teaching and safe practices
 - h. asked to demonstrate knowledge of the basic steps through Grade 10 and be able to describe in detail the movement being performed
- Candidate will submit two typed, double spaced copies of a research paper (candidate's choice of a related subject) of a minimum of 2500 words, no later than two weeks prior to the exam to the Director of Examinations

Upon successful completion of this exam all benefits of Licentiate remain, plus:

- **may use the qualifying initials FCUSA, and**
- **may be considered for invitation to begin the training process to become an examiner at the First Tier.**

ASSESSMENT

Candidates will show their awareness and application of the Cecchetti principles as stated in **A Manual of the Theory and Practice of Classical Theatrical Dancing (Cecchetti Method)** by Cyril W. Beaumont and Stanislas Idzikowski, as appropriate for the level of the examination.

TEACHING SKILLS

- Voice, manner and general approach will be taken into consideration
 - Manner of teaching should be appropriate to the age level of the class
- Class content and balance
 - The candidate will be expected to balance the content between syllabus and free enchainment as detailed in each level.
 - The candidate will construct unset material to show original ideas, to further technical and artistic development appropriate to the level
 - Choice of music will show variations in quality appropriate to the level.
- Candidates will demonstrate their control of the classroom
 - The candidate will communicate clearly with the students (and the pianist when one is used) in a manner suitable to the age level being taught.
- Candidates will be assessed on their awareness of adaptation to differing physiques, gender and age.
 - The candidate may be asked to adapt one or more of their enchainment for any of the above.
- Show an appropriate range of teaching styles
 - methods of helping children learn, use of imagery, imagination etc.
- Observation of general and individual faults
 - The candidate will show an awareness of common faults and apply appropriate correction.
- Effectiveness of Correction
 - The candidate will communicate corrections with the students in a manner that will show visible results.
- Rapport with the students
 - Appropriate to the age level of the class
- Observation and methods of artistic and musical development

TECHNICAL ACCURACY

- Technical accuracy of their own demonstration
 - The candidate must show correct stance
 - Accuracy in the use of turn-out, pli , footwork, extension and line, strength and control, and elevation demonstrated appropriately at the level of the specified grade.
 - The candidate must be able to convey the above in the absence of their own physical ability to perform.

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MUSICALITY

- The ability to communicate with the pianist in basic musical terminology
- Clarity and rhythm of instruction
- Tonal quality and rhythmic counting
 - The candidate will show an increasing ability to count any exercise, demonstrating the correct tempo, accent and quality and be conversant in different ways that music can be counted
- Awareness of musical quality
 - The candidate will select appropriate rhythms and tempos throughout
 - Choice of music will show variation in qualities.
 - Choice of music will be designed to enhance the artistic ability of the students
- Musicality, variations of style, dynamics, and quality of movement

Mark Allocation for Teaching Exams

CERTIFYING EXAMINATIONS

ADD SECTION MARKS, DIVIDE BY 10 FOR TOTAL

Section Marks

E = Excellent	5
V = Very Good	4
G = Good	3
S = Satisfactory	2
N = Needs Improvement	1
U = Unsatisfactory	0

Final Results

Awarded with Distinction	4 - 5
Awarded with Merit	3 - 3.9
Awarded	2 - 2.9
Not Awarded	0 - 1.9

QUALIFYING EXAMINATIONS

ADD SECTION MARKS, DIVIDE BY 10 FOR TOTAL

Section Marks

E = Excellent	5
V = Very Good	4
G = Good	3
S = Satisfactory	2
N = Needs Improvement	1
U = Unsatisfactory	0

Final Results

Awarded with Distinction	4.6 - 5
Awarded with Merit	3.5 - 4.5
Awarded	2.0 - 3.4
Not Awarded	0 - 1.9