

**Cecchetti USA Residential Summer Course 2016
Student Packing List**

Dancewear Female

Pink tights
Leotards solid color
Leotard plain black camisole for demo
Dance skirt black chiffon for demo
Footless tights, modern
Legwarmers, between classes only
Ballet slippers
Pointe shoes
Character skirt/shoes (optional)
Sewing kit, scissors
Toe pads, lambs wool, tape etc.
Theraband

Dancewear Male

Dance belt
White t-shirts
Tights, unitard or bike shorts
Black tights for demo
Footless tights, modern
Ballet slippers
Legwarmers, between classes only

Male & Female Teachers may wear any appropriate teaching attire

Clothing

Shorts/jeans
Shirts
Sweater/sweatshirt/pants
Socks
Sneakers
“Smart Casual” attire for Welcome Banquet
Pajamas
Slippers/robe
Underwear
Appropriate cover-ups to wear to and from the studios
Swimsuit
Appropriate swimsuit cover-ups
Flip Flops

T-shirt from home state or studio for the t-shirt exchange (1)

This should be in a size you can wear now. The size you turn in will be the size you receive.

Health Aids

Personal products
Soap/body wash
Shampoo/conditioner
Toothbrush/paste
Contact care needs
Band-aids
Pain reliever
Ice Pack
Sunglasses
Sunscreen
Hair pins/elastic/net/spray
Vitamins
Medications
Foot care products
Shaving needs
Make-up

Cecchetti MASCOT Items

These are small items to give each day as a secret MASCOT. Suggested items:
Travel sewing kit
Lip balm, hand sanitizer, or lotion
Water bottle
Notecards or Journal
Travel hairbrush and/or Hair Accessories
Pens, or other writing items
Candy, gum, or breath mints
Dollar bin items
Note Paper (for writing clues and messages)
Creative item that reveal a little about you

Other

Laundry soap/dryer sheets
Camera
Cell phone/charger
Snack foods
Playing cards/games
Notebook or Journal for taking class/choreography notes
Thank You cards
Craft Items—construction paper, markers, glitter, stickers, etc. for door poster
Flashlight and batteries
Alarm clock