

Enhancing Ballet Education:
A Comprehensive Course for Ballet Teachers
Informational Packet

In response to the growing demand for qualified ballet teachers, this course aims to equip educators with skills and knowledge of the Cecchetti Ballet Syllabus into small sections that are coherent and easily processed. In consideration of the prevailing trend towards shorter, intensive training formats, this course is tailored to accommodate the busy schedules of dance educators and studio owners. This training will help foster excellence in ballet training and enrich the overall dance education experience.

Objectives:

The primary objectives of the training course include:

- Enhancing teaching techniques for ballet instructors
- Providing in depth knowledge of Cecchetti USA's syllabus and teaching methods
- Encouraging creativity and innovation in dance instruction
- Facilitating an understanding of the Cecchetti principles and their relevance to today's dancer

Target Audience:

This course is specifically designed for former dancers, ballet teachers, and dance educators looking to enhance their teaching skills and deepen their knowledge of ballet education. It is particularly suited for dance educators who are searching for a syllabus to fit their dance studio's needs.

Course Outline:

The training course, scheduled for a weeklong summer session alongside the student's summer course in Maryland, will cover the following key areas:

1. Introduction to Enrico Cecchetti
2. Formation and Development of Cecchetti USA
3. Timeline, History, and Development of Cecchetti USA's syllabus
4. Primary thru Grade 2 Syllabus
5. Terminology and Basic Steps
6. Grade 1 Exam
7. Utilizing the Syllabus for Choreography
8. Music Choices in Ballet Instruction
9. Anatomy and Safe Teaching Practices
10. Follow-up sessions preparing for the Teaching Certificate 1A Exam (TC1A) (additional fees apply)

Methodology:

This course will employ a blend of lectures, practical sessions, peer collaborations, and Q&A sessions. Interactive discussions, hands-on activities, and real-world case studies will be incorporated to ensure an engaging and enriching learning experience.

Benefits of the Course:

Participants will gain:

- Enhanced teaching skills and methodologies
- Profound knowledge of Cecchetti USA's syllabus
- Increased adaptability of the syllabus to various genres dance genres
- Networking opportunities within the dance community
- Observation of the syllabus in action during the summer intensive

Schedule:

The training course will span one-week during the Cecchetti USA Summer Ballet Intensive, scheduled for July 28 - Aug. 3, 2024, at the University of Maryland. This intensive format is meant to accommodate the schedule of working professionals and studio owners with obligations throughout the school year.

This will allow course participants to:

1. Network with new teachers as well as seasoned teachers
2. See the syllabus in action by observing the upper level work
3. Observe the summer course in action
4. Be in a space where they can focus strictly on the course material and training
5. Learn and observe from multiple teachers, examiners, and guest artists

[Refer to tentative schedule in Appendix A]

Assessment and Certification:

Daily evaluations will assess participants' knowledge through sessions and study guides. They will create and develop exercises, observe higher level classes, and undertake the Grade 1 exam midweek. Post-course, participants will schedule follow up meetings with a Qualified teacher for TC1A exam preparation (additional fees apply).

Supporting Materials and Resources:

Participants are required to purchase the Cecchetti Syllabi, Primary-Standard 7 and Grade 1-7. Additionally, it is recommended they acquire the accompanying music, theory and vocabulary, and dictionary. Handouts and other informational materials will be provided to enhance the learning experience.

Cost and Funding:

Selected applicants will receive a full tuition scholarship. Participants are responsible for travel, room & board, supporting materials, registration fee and exam fees. At the course conclusion participants are expected to fill out an exit survey and provide a testimonial.

[See Appendix B for anticipated expenses.]

Anticipated Outcomes:

Upon completion, participants will emerge as well-rounded ballet educators, equipped with the knowledge and skills to elevate the quality of ballet education in their respective institutions.

Appendix A
Sample Daily Schedule

July 28

Arrival and Welcome Meeting

- Evening dinner
- Meet & Greet with Faculty
- Ice Breaker Activity

Sample Schedule Day 1

9:00-10:15

- Presentation “Who is Enrico Cecchetti?” / History of Cecchetti USA
- Presentation “Benefits of Student & Teacher Examinations”
- General notes on exam expectations and review of the teaching exam

10:30-11:45

- Terminology and Basic Steps
- Qualities of a good teacher
- Elements of a primary class

Lunch

1:15-2:30

- Content of Syllabus Beginning at Primary

2:45-4:00

- Building your own enchaînement –integrating syllabus with your own exercises
- Finding appropriate music-use of syllabus to develop musicality and develop own musical style
- Use of syllabus to develop eye focus, présentation and theatricality
- Understanding the purpose of each exercise
- How to develop improvisation
- Building a class from a theme
- Practice teaching the content and a selection of unseen enchaînement on students

4:15-5:15

- Review of the Day, Questions, Build-ups
- Evening assignment - TBD

Each day will progress through the syllabus and contain a review of the grade 1 syllabus in preparation for the exam.

Appendix B
List of Anticipated Costs

Registration Fee	\$100
Room & Board	\$600
Syllabi*	
Grades 1-7	\$35
Standards 1-7	\$35
Theory Book*	\$15
Music*	
Primary-Grade 1	\$25
Grade 2-3	\$25
Standard Music	\$25
Grade 1 Exam Fee**	\$90 (approx)

*Teachers may purchase the TC bundle which includes the Syllabi, Theory Book, and Music for Primary through Grade 7, a Cecchetti T-shirt, and a private lesson, a value of \$285 for only \$215.

**Fee for the exam is approximate. This is due to the additional fee for a pianist or music director needed for each exam.